

THE DELI

FROM DAWN TO DUSK

ALL DAY BREAKFAST

"BANANA BREAD" OATS BOWL VE GF DF N 110	SAVOURY BREAKFAST WAFFLE VE GF 120
Creamy moreish banana date and cinnamon oats walnuts maple syrup and almond butter	Sweet potato and baby marrow waffle cherry tomato and herb salad tofu scramble hummus and crunchy chickpeas
FRUIT AND YOGHURT BOWL V GF DF N 125	OMELETTE GF 120
Coconut yoghurt and chia pudding home-made granola crunch fynbos honey seasonal berries and fruits	Three egg farm omelette sautéed mushrooms baby spinach gypsy ham and cheese toast <i>*Gluten-free bread available on request</i>
CUMIN & CORIANDER ROAST SWEET POTATO BREAKFAST BOWL V GF 110	LAMB 'MACON' AND BRIE FRENCH TOAST 145
Scrambled egg avocado cherry tomato and spring onion baby marrow and toasted mixed seeds lime and coriander oil toast <i>*Gluten-free bread available on request</i>	Maple pear and cranberry compote <i>*Macon may be substituted for bacon</i>
SHAKSHUKA V GF 120	EGGS BENEDICT
Spiced tomato bell pepper and eggplant ragout baked eggs ricotta cheese and coriander toast <i>*Gluten-free bread available on request</i>	Please select one of our artisan breads creamed spinach poached eggs rich hollandaise and your choice of the following:
CLASSIC PAN-COOKED BREAKFAST GF 135	<ul style="list-style-type: none">• Sautéed mushrooms with garlic and herbs 110• Honey glazed bacon 120• Smoked salmon trout 150
Scrambled or fried eggs lamb & springbok breakfast sausage honey glazed bacon sautéed mushrooms and onion roast tomato and chakalaka lentils toast <i>*Gluten-free bread available on request</i>	BLUEBERRY AND BANANA FLAPJACK STACK GF DF N 120
	Fried banana blueberries almond butter toasted coconut and maple drizzle

A FEAST TO ENJOY

BREAKING BREAD

Toasted artisan Bread from our Bakery served with citrus and herb butter. **45**
* *Gluten free bread available on request*

Smoked snoek pate and apricot chutney **GF** **55**

Spicy chicken livers and chakalaka relish **GF** **55**

FROM THE OCEAN

Salt and pepper squid | lemon and basil aioli | rustic roast potatoes **175**

Mussels in white wine velouté | parsley and dill served with toasted artisan bread **165**

'Old fashioned fried fish' with sauce gribiche | potato or sweet potato fries **175**

MEAT FREE

Grilled Mushroom & truffle risotto | crumbed onions **V** **145**

Mature cheddar burrito | blackbean | sautéed brown rice | avo | tomato and corn salad **V** **145**

Ramen bowl with boiled egg | spring onion smoked chilli oil | ginger roast mushrooms | spinach | noodles **V** **175**

The following options are available to add: 195
• *Crispy tofu*
• *Braised beef*
• *Roast pork*
• *Roast chicken*

Roast bell pepper and tomato tagliatelle | vodka & fire roasted garlic sauce | oregano crumbs **145**

FROM THE GARDEN

Caesar salad | baby cos lettuce | grilled asparagus | white anchovy caesar dressing | pecorino cheese | garlic croutons and soft boiled egg **125**

Falafel | eggplant | roast bell pepper and harissa salad | hummus | tahini | toasted pistachio | baby spinach and rocket **V N** **125**

Quinoa | roast butternut and candied pecan salad | roast red onion | dried cranberries | fried kale and citrus dressing **V GF N** **125**

Chili & lime grilled pepper salad
Baby spinach | mint and coriander | charred corn | paw paw and grilled bell pepper | toasted cashew nuts | chili and lime vinaigrette **V N** **125**

The deli green salad
Poached apple | melon and grilled broccoli | baby marrow | spring onion and fresh herbs | cos lettuce | mustard and lemon vinaigrette **V GF** **125**

Hummus and roast bell pepper **V GF** **55**

Biltong butter and charred corn salsa **GF** **55**

Olive tapenade and olive oil **VE GF** **55**

FROM THE LAND

Beef croquettes | sweet mustard and Pecorino cheese | maple roasted sweet potato | beetroot **185**

Slow cooked beef short rib ragout | semi dried tomato | roast onions | potato gnocchi **195**

Pressed karoo lamb | tzatziki and mint salad | rustic roast potato **195**

Mustard roast pork belly and gooseberry elderflower relish | pomme purée **185**

Butter curry grilled chicken | toasted coconut and cashews | butter curry velouté coriander | ginger and carrot sambal | steamed basmati rice **N** **185**

Grilled beef stroganoff | roast mushrooms and onions | truffle mushroom veloute | basmati rice **195**

SIDES

Rustic roast potatoes **V GF** **40**

Potato fries **40**

Sweet potato fries **40**

Loaded fries **75**

Steamed basmati rice **V GF** **55**

Grilled broccoli green salad with parmesan and truffle salt **V** **65**

SNACKING BOARDS *(for two)*

LOCAL CHEESE AND PRESERVES **175**

Seasonal preserves, savoury cheese biscuits, apricot chutney and toasted babushka deli bread

CHARCUTERIE AND PICKLES **175**

Marinated olives, savoury cheese biscuits, aubergine chutney and toasted babushka deli bread

SWEET ENDINGS

BISCOFF BROWNIE **85**
Spekulooos ice cream

CARAMELIZED APPLE CHEESECAKE **85**
Cinnamon crumble

THE DELI WAFFLE **110**
Roast white chocolate ice cream | marshmallow kisses

VANILLA CHAI MILLE FUEILLE **V** **95**
Almond praline diplomat | coconut caramel

THE DELI SANDWICH

ALL SANDWICHES AVAILABLE FOR TAKE-AWAY

CAPRESE STYLE BAGEL **V** 85

Confit tomatoes | marinated bocconcini |
basil pesto | fresh basil and parmesan salad

AUBERGINE | GOAT CHEVIN AND GRILLED
PEPPER BAGEL **V N** 95

Boiled egg | basil pesto | roast onion
marmalade and confit garlic aioli

CHICKEN SANDO 95

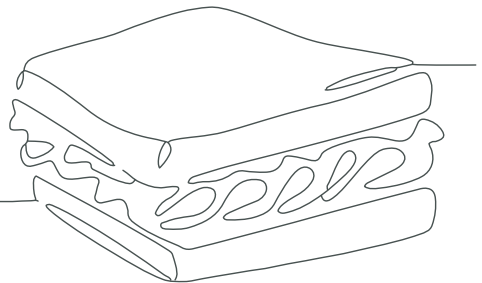
Fried chicken breast | miso mayo | tonkotsu
basting and pickled cucumber salad

ROAST BEEF ON RYE 95

Home-made apple fennel and
dill sauerkraut | pickles and mustard mayo

MASHED AVO ON SEED LOAF 95

Fried halloumi | semi - dried tomato and
herb salad **V**



CHILDREN'S MENU

SUNRISE TO SUNDOWN

VANILLA FRENCH TOAST V	85	BREAKFAST CROISSANT	85
Fresh strawberries and honey		Scrambled egg and ham	
BREAKFAST BUN	75		
Scrambled egg bacon and cheese			

LUNCH TIME

KIDS BURGER	85	FISH & CHIPS	75
Chargrilled beef or chicken burger home-made tomato sauce and cheese with potato chips		Tempura fried hake lemon aioli potato chips	
BAKED CHICKEN FINGERS	85		
Coconut crumbed chicken strips BBQ spiced aioli and potato chips			

SWEET TREATS

ICE CREAM SUGAR CONE BOWL	75	DIY COOKIE	95
Vanilla and Chocolate ice cream scoops chocolate fudge sauce		4 x Vanilla cookies 3 x Colourful decoration packs 1 x Mini piping bag with butter icing	